

# Pool Rules and Policies

## General

1. Respect lifeguards at all times.
2. All patrons must shower thoroughly before entering pool.
3. Cap or tie long hair.
4. Do not jump backwards from pool sides or diving board.
5. No diving in water less than 9'6" deep.
6. No food or drinking allowed in pool area – water ok.
7. No glass containers.
8. Remove all band aids before entering pool.
9. NO: running, pushing, dunking, gum chewing, shoulder rides, launching others, rough play.

## Deep End

1. Must be able to swim the width of the pool to swim in deep end.
2. No swimming under diving board.
3. Keep off starting blocks.

## Kid Stuff

1. Children 8 years of age and younger must be accompanied in the water by a paying adult.
2. No water wings.
3. Babies must have rubber pants on over swim diaper.

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